



Comitato Regionale Sardo

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21° EDIZIONE DAL MARE ALLA MONTAGNA ORGANIZZAZIONE: SOS IDDANOESOS VILLANOVA MONTELEONE: 19 AGOSTO 2023

PROMESSE SENIOR DONNE SF Mt 18000

| | | | | | | | | |
|---|-----|-----|------------|----------------|----|-------|----------------------------|------------|
| 1 | 22 | 201 | CAPONE | ALICE | SF | SS191 | TRIATHLON TEAM SASSARI | 1h 29' 35" |
| 2 | 64 | 209 | BILLECI | VALERIA | SF | CA198 | ASD OLYMPIA VILLACIDRO | 1h 40' 43" |
| 3 | 128 | 204 | CONTINI | MARIA GIOVANNA | SF | SS257 | SOS IDDANOESOS | 1h 53' 26" |
| 4 | 138 | 210 | AUTELITANO | SARA | PF | CA231 | ATLETICA MONTEPONI IGLESIA | 1h 55' 32" |
| | | 207 | NAZAROV | VALENTINA | SF | CA032 | AS TESPIENSE QUARTU | |

SENIOR DONNE SF35 Mt 18000

| | | | | | | | | |
|---|-----|-----|----------|------------|------|-------|-------------------|------------|
| 1 | 70 | 206 | BERNARDI | PAOLA | SF35 | BG003 | ATL BERGAMO 1959 | 1h 41' 44" |
| 2 | 123 | 246 | PACCAVIA | MARGHERITA | SF35 | PT123 | SILVANO FEDI | 1h 52' 43" |
| 3 | 170 | 219 | DELRIO | SARA | SF35 | SS208 | ALGHERO MARATHON | 2h 02' 00" |
| 4 | 174 | 214 | SERRA | ANNALISA | SF35 | CA253 | ISOLARUN | 2h 05' 12" |
| 5 | 182 | 226 | MONTI | DANIELA | SF35 | SS217 | PODISTICA SASSARI | 2h 06' 46" |

SENIOR DONNE SF40 Mt 18000

| | | | | | | | | |
|---|-----|-----|------------|--------------|------|-------|----------------------------|------------|
| 1 | 15 | 216 | VENTURELLI | GLORIA | SF40 | RA094 | ATLETICA 85 FAENZA | 1h 26' 21" |
| 2 | 33 | 215 | PALAZZI | IRENE | SF40 | PN502 | ATLETICA SAN MARTINO | 1h 33' 09" |
| 3 | 77 | 220 | PALA | ANNA PAOLA | SF40 | SS208 | ALGHERO MARATHON | 1h 43' 17" |
| 4 | 102 | 236 | COCCO | ARIANNA | SF40 | | RUNCARD | 1h 48' 47" |
| 5 | 160 | 222 | PIRAS | MARIA TERESA | SF40 | SS208 | ALGHERO MARATHON | 1h 59' 28" |
| 6 | 173 | 211 | MUSU | MANUELA | SF40 | CA231 | ATLETICA MONTEPONI IGLESIA | 2h 03' 14" |
| 7 | 177 | 248 | LUCHNIKOVA | GANNA | SF40 | MI022 | CANOTTIERI MILANO | 2h 06' 00" |
| 8 | 200 | 242 | MUZZU | PAOLA | SF40 | | UISP | 2h 14' 46" |
| | | 213 | FIORI | ARIANNA | SF40 | CA253 | ISOLARUN | |
| | | 235 | GRUSSU | SILVIA | SF40 | | ASI | |

SENIOR DONNE SF45 Mt 18000

| | | | | | | | | |
|---|-----|-----|------------|----------------|------|-------|-------------------------|------------|
| 1 | 74 | 203 | CANTARA | LEONARDA | SF45 | SS181 | GS MONTE ACUTO MARATHON | 1h 42' 53" |
| 2 | 106 | 237 | COCCO | VALENTINA | SF45 | | RUNCARD | 1h 49' 59" |
| 3 | 127 | 233 | PENSE' | MICHELA | SF45 | SS247 | ALGUERRUNNERS | 1h 53' 26" |
| 4 | 158 | 202 | PERINU | DANIELA | SF45 | SS208 | ALGHERO MARATHON | 1h 59' 14" |
| 5 | 188 | 205 | SERRA | MARIA VITTORIA | SF45 | SS257 | SOS IDDANOESOS | 2h 08' 37" |
| 6 | 195 | 241 | GIOVANETTI | VALERIA | SF45 | | UISP | 2h 11' 12" |
| | | 239 | ZEDDA | SILVANA | SF45 | | RUNCARD | |
| | | 243 | SECHI | MARCELLA | SF45 | | UISP | |

SENIOR DONNE SF50 Mt 18000

| | | | | | | | | |
|---|----|-----|---------|----------|------|-------|----------------|------------|
| 1 | 90 | 244 | MUREDDU | PATRIZIA | SF50 | SS122 | ATL LEGG LURAS | 1h 46' 43" |
|---|----|-----|---------|----------|------|-------|----------------|------------|

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|---|-----|-----|---------|-----------|------|-------|-------------------------|------------|
| 2 | 113 | 224 | ZEDDA | DANIELA | SF50 | SS208 | ALGHERO MARATHON | 1h 50' 59" |
| 3 | 124 | 221 | PANAI | GIOVANNA | SF50 | SS208 | ALGHERO MARATHON | 1h 53' 01" |
| 4 | 166 | 238 | DERIU | SARA | SF50 | | RUNCARD | 2h 00' 35" |
| 5 | 176 | 234 | BREUSA | ELENA | SF50 | TO019 | GS POMARETTO 80 | 2h 05' 58" |
| 6 | 184 | 231 | PINTUS | GIUSY | SF50 | SS245 | ATLETICA ITTIRI CANNEDU | 2h 07' 46" |
| 7 | 197 | 218 | SAU | PIERA | SF50 | SS125 | ATLETICA PLOAGHE | 2h 13' 30" |
| 8 | 203 | 232 | PISONI | ANTONELLA | SF50 | SS245 | ATLETICA ITTIRI CANNEDU | 2h 15' 24" |
| 9 | 210 | 228 | CORRIAS | ORNELLA | SF50 | SS245 | ATLETICA ITTIRI CANNEDU | 2h 19' 02" |

SENIOR DONNE SF55 Mt 18000

| | | | | | | | | |
|---|-----|-----|---------|--------------|------|-------|-------------------------|------------|
| 1 | 156 | 245 | ONNIS | CRISTINA | SF55 | CA242 | BLUE TRIBUNE | 1h 59' 02" |
| 2 | 196 | 229 | PILIU | FRANCESCA | SF55 | SS245 | ATLETICA ITTIRI CANNEDU | 2h 11' 30" |
| 3 | 198 | 208 | MASCIA | MARIA PAOLA | SF55 | CA154 | GS RUNNERS CAGLIARI | 2h 13' 39" |
| 4 | 206 | 217 | FOE | MARIA GRAZIA | SF55 | SS026 | STUDIUM ET STADIUM | 2h 17' 16" |
| 5 | 209 | 249 | ANGIONI | PATRIZIA | SF55 | SS026 | STUDIUM ET STADIUM | 2h 19' 02" |
| 6 | 214 | 227 | MELONI | RITA | SF55 | SS229 | ATLETICA SAN TEODORO | 2h 24' 50" |
| 7 | 215 | 212 | MILIDDI | ROSALBA | SF55 | CA239 | CAGLIARI ATLETICA | 2h 27' 24" |

SENIOR DONNE SF60 Mt 18000

| | | | | | | | | |
|---|-----|-----|--------|----------|------|-------|-------------------------|------------|
| 1 | 84 | 240 | GASPA | ANNALISA | SF60 | | UISP | 1h 45' 12" |
| 2 | 98 | 223 | SORIGA | ROSSELLA | SF60 | SS208 | ALGHERO MARATHON | 1h 48' 08" |
| 3 | 167 | 225 | LORIGA | GRAZIA | SF60 | SS217 | PODISTICA SASSARI | 2h 01' 07" |
| 4 | 218 | 230 | PINNA | ROSA | SF60 | SS245 | ATLETICA ITTIRI CANNEDU | 2h 33' 57" |

PROMESSE SENIOR UOMINI SM Mt 18000

| | | | | | | | | |
|---|-----|-----|----------|-----------|----|-------|--------------------------|------------|
| 1 | 3 | 2 | PULINA | SIMONE | SM | SS220 | A.S.D.ICHNOS SASSARI | 1h 21' 24" |
| 2 | 13 | 138 | CARTA | ANTONIO | SM | SS229 | ATLETICA SAN TEODORO | 1h 24' 35" |
| 3 | 36 | 74 | CADEDDU | MATTEO | SM | OR209 | POLISPORTIVA RUNNERS ORI | 1h 34' 06" |
| 4 | 51 | 185 | GENTILI | ANDREA | SM | | UISP | 1h 38' 27" |
| 5 | 76 | 151 | PIRAS | GABRIELE | SM | SS283 | RUNFAST SASSARI | 1h 43' 06" |
| 6 | 78 | 129 | DORE | GABRIELE | SM | SS217 | PODISTICA SASSARI | 1h 44' 09" |
| 7 | 107 | 156 | ZARA | FABRIZIO | SM | SS283 | RUNFAST SASSARI | 1h 50' 02" |
| 8 | 148 | 59 | MONTUORI | FRANCESCO | SM | CE884 | PODISTICA MARCIANISE | 1h 57' 49" |
| 9 | 212 | 113 | BUTTAU | ROBERTO | SM | SS173 | SOC ATL TEMPIO PAUSANIA | 2h 22' 10" |
| | | 18 | RUGGIU | MICHELE | SM | SS257 | SOS IDDANOESOS | |
| | | 100 | MASIERO | DAVIDE | SM | SS064 | CCRS SORSO | |
| | | 133 | RAGONESE | SALVATORE | SM | SS217 | PODISTICA SASSARI | |

SENIOR UOMINI SM35 Mt 18000

| | | | | | | | | |
|---|----|-----|-----------|-----------|------|-------|--------------------------|------------|
| 1 | 5 | 35 | CONCU | MATTEO | SM35 | CA211 | CAGLIARI MARATHON CLUB | 1h 22' 13" |
| 2 | 8 | 52 | CASU | FILIPPO | SM35 | CA253 | ISOLARUN | 1h 23' 32" |
| 3 | 10 | 4 | CADDEO | ANTONIO | SM35 | SS257 | SOS IDDANOESOS | 1h 24' 09" |
| 4 | 17 | 85 | DI COSIMO | ENRICO | SM35 | RS070 | FREE RUNNERS | 1h 28' 25" |
| 5 | 24 | 32 | UCCHEDDU | JURI | SM35 | CA129 | SS SULCIS ATL CARBONIA | 1h 29' 56" |
| 6 | 25 | 10 | MARRAS | ANTONIO | SM35 | SS257 | SOS IDDANOESOS | 1h 30' 25" |
| 7 | 28 | 6 | CAPPAL | ENRICO | SM35 | SS257 | SOS IDDANOESOS | 1h 31' 22" |
| 8 | 30 | 78 | LEO | ANDREA | SM35 | OR209 | POLISPORTIVA RUNNERS ORI | 1h 32' 04" |
| 9 | 75 | 116 | CAPPAL | ANTONELLO | SM35 | SS191 | TRIATHLON TEAM SASSARI | 1h 43' 03" |
| | | 127 | CANU | ANGELO | SM35 | SS217 | PODISTICA SASSARI | |

SENIOR UOMINI SM40 Mt 18000

| | | | | | | | | |
|---|----|----|------------|------------|------|-------|------------------------|------------|
| 1 | 1 | 1 | ABDELKADER | OUALID | SM40 | CA211 | CAGLIARI MARATHON CLUB | 1h 14' 11" |
| 2 | 2 | 36 | COSSU | GIUSEPPINO | SM40 | CA211 | CAGLIARI MARATHON CLUB | 1h 17' 00" |
| 3 | 4 | 28 | PINNA | FRANCESCO | SM40 | CA017 | US ATL GUSPINI | 1h 21' 41" |
| 4 | 6 | 45 | CINUS | PIERPAOLO | SM40 | CA239 | CAGLIARI ATLETICA | 1h 22' 34" |
| 5 | 11 | 34 | MARRAS | MARCO | SM40 | CA198 | ASD OLYMPIA VILLACIDRO | 1h 24' 20" |
| 6 | 18 | 57 | SERAFINI | FABRIZIO | SM40 | CA269 | AMPA TRAINING | 1h 28' 39" |

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|----|-----|-----|----------|----------------|------------|--------------------------|------------|
| 7 | 19 | 65 | MELIS | ANDREA | SM40 NU285 | MACOMERUNNURS | 1h 28' 47" |
| 8 | 21 | 152 | PIRAS | ROBERTO | SM40 SS283 | RUNFAST SASSARI | 1h 29' 29" |
| 9 | 23 | 149 | IDILI | MASSIMILIANO | SM40 SS283 | RUNFAST SASSARI | 1h 29' 40" |
| 10 | 31 | 128 | DESSI' | ALESSANDRO | SM40 SS217 | PODISTICA SASSARI | 1h 32' 42" |
| 11 | 32 | 31 | FADDA | MARIO | SM40 CA129 | SS SULCIS ATL CARBONIA | 1h 32' 54" |
| 12 | 35 | 166 | DESOLE | MANUEL | SM40 | RUNCARD | 1h 33' 39" |
| 13 | 37 | 121 | PANFILI | DOMENICO | SM40 SS208 | ALGHERO MARATHON | 1h 34' 53" |
| 14 | 40 | 150 | MICALE | ROBERTO | SM40 SS283 | RUNFAST SASSARI | 1h 35' 30" |
| 15 | 57 | 186 | LORIGA | GIUSEPPE | SM40 | UISP | 1h 39' 57" |
| 16 | 60 | 126 | BUSEDU | GIAN GAVINO | SM40 SS217 | PODISTICA SASSARI | 1h 40' 17" |
| 17 | 62 | 157 | DEROSAS | FABRIZIO | SM40 SS284 | ACADEMY OLBIA ATLETICA | 1h 40' 38" |
| 18 | 65 | 135 | VACCA | MARCO | SM40 SS217 | PODISTICA SASSARI | 1h 40' 44" |
| 19 | 79 | 191 | SANNA | DOMENICO | SM40 OR030 | SS ATL ORISTANO | 1h 44' 18" |
| 20 | 88 | 30 | VESPA | FABIO | SM40 CA036 | POL LIBERTAS CAMPIDANO | 1h 45' 48" |
| 21 | 94 | 164 | CARPI | MASSIMO | SM40 | RUNCARD | 1h 47' 11" |
| 22 | 97 | 43 | VELATI | NICOLA | SM40 CA236 | I.S.D.G.P. Di | 1h 48' 03" |
| 23 | 99 | 12 | MARSALA | LUCA | SM40 SS257 | SOS IDDANOESOS | 1h 48' 35" |
| 24 | 100 | 58 | ZONZA | ANDREA | SM40 CA286 | RUN TO BE WILD | 1h 48' 39" |
| 25 | 103 | 188 | SULAS | STEFANO | SM40 | UISP | 1h 49' 01" |
| 26 | 105 | 105 | MURA | STEFANO | SM40 SS112 | ATLETICA BUDDUSO' | 1h 49' 09" |
| 27 | 114 | 55 | MELONI | GIUSEPPE | SM40 CA265 | ATLETICA ARBUS | 1h 51' 22" |
| 28 | 116 | 131 | MARONGIU | WALTER | SM40 SS217 | PODISTICA SASSARI | 1h 51' 48" |
| 29 | 140 | 53 | MURTAS | CARLETTO | SM40 CA253 | ISOLARUN | 1h 55' 39" |
| 30 | 146 | 80 | MURRU | MARIO | SM40 OR209 | POLISPORTIVA RUNNERS ORI | 1h 57' 33" |
| 31 | 157 | 174 | MATTINA | ALESSANDRO | SM40 | RUNCARD | 1h 59' 14" |
| 32 | 161 | 48 | TRENTA | ALESSIO | SM40 CA239 | CAGLIARI ATLETICA | 1h 59' 34" |
| 33 | 172 | 124 | PUTZU | FABIO | SM40 SS208 | ALGHERO MARATHON | 2h 02' 12" |
| 34 | 190 | 22 | SECHI | VITTORIO | SM40 SS257 | SOS IDDANOESOS | 2h 09' 48" |
| | | 9 | IDDA | RAFFAELE | SM40 SS257 | SOS IDDANOESOS | |
| | | 19 | RUGGIU | GIOVANNI MARIA | SM40 SS257 | SOS IDDANOESOS | |
| | | 26 | ZANZA | MARCELLO | SM40 SS257 | SOS IDDANOESOS | |
| | | 84 | TOPPI | IGOR | SM40 RM232 | ROMATLETICA | |
| | | 90 | TARAS | SERGIO | SM40 SS026 | STUDIUM ET STADIUM | |
| | | 102 | VIRDIS | ALESSANDRO | SM40 SS064 | CCRS SORSO | |
| | | 180 | PULINO | GIOVANNI MARIA | SM40 | RUNCARD | |

SENIOR UOMINI SM45 Mt 18000

| | | | | | | | |
|----|-----|-----|----------|---------------|------------|--------------------------|------------|
| 1 | 7 | 146 | FENU | GIUSEPPE | SM45 SS247 | ALGUERRUNNERS | 1h 23' 02" |
| 2 | 14 | 101 | SECCHI | FRANCESCO | SM45 SS064 | CCRS SORSO | 1h 25' 59" |
| 3 | 38 | 20 | SANNA | FRANCESCO | SM45 SS257 | SOS IDDANOESOS | 1h 35' 09" |
| 4 | 45 | 11 | MARRAS | ANGELO | SM45 SS257 | SOS IDDANOESOS | 1h 37' 22" |
| 5 | 46 | 178 | PODDINE | MARCO ANTONIO | SM45 | RUNCARD | 1h 37' 35" |
| 6 | 50 | 104 | GRUSSU | PIETRO | SM45 SS112 | ATLETICA BUDDUSO' | 1h 38' 09" |
| 7 | 53 | 130 | GIUA | STEFANO | SM45 SS217 | PODISTICA SASSARI | 1h 38' 41" |
| 8 | 58 | 132 | PASSERO' | MARCO | SM45 SS217 | PODISTICA SASSARI | 1h 40' 00" |
| 9 | 59 | 76 | CUSCUSA | ALESSIO | SM45 OR209 | POLISPORTIVA RUNNERS ORI | 1h 40' 12" |
| 10 | 63 | 145 | D'ANZEO | ATTILIO | SM45 SS247 | ALGUERRUNNERS | 1h 40' 38" |
| 11 | 71 | 154 | PIU | SIMONE | SM45 SS283 | RUNFAST SASSARI | 1h 42' 11" |
| 12 | 83 | 50 | DEIAS | ALESSANDRO | SM45 CA250 | MARATHON PORTOSCUSO | 1h 45' 10" |
| 13 | 86 | 142 | PUGGIONI | ALESSANDRO | SM45 SS245 | ATLETICA ITTIRI CANNEDU | 1h 45' 34" |
| 14 | 87 | 115 | TERROSU | GIOVANNI | SM45 SS181 | GS MONTE ACUTO MARATHON | 1h 45' 40" |
| 15 | 89 | 38 | MINGOZZI | FABRIZIO | SM45 CA227 | ATLETICA 4 MORI | 1h 46' 32" |
| 16 | 104 | 170 | LAI | LUCA | SM45 | RUNCARD | 1h 49' 05" |
| 17 | 111 | 158 | TOLIS | PAOLO | SM45 SS284 | ACADEMY OLBIA ATLETICA | 1h 50' 45" |
| 18 | 118 | 23 | SIMULA | ROBERTO | SM45 SS257 | SOS IDDANOESOS | 1h 52' 33" |
| 19 | 119 | 73 | PERRA | ALEXANDRO | SM45 OR172 | MARATHON CLUB ORISTANO | 1h 52' 37" |
| 20 | 132 | 143 | TAVERA | GIAN PAOLO | SM45 SS245 | ATLETICA ITTIRI CANNEDU | 1h 53' 54" |
| 21 | 134 | 92 | MANAI | MARCO | SM45 SS059 | ATL LEGG PORTO TORRES | 1h 54' 41" |
| 22 | 136 | 8 | FONNESU | ANDREA | SM45 SS257 | SOS IDDANOESOS | 1h 54' 59" |

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|----|-----|-----|------------|---------------|------|-------|-------------------------|------------|
| 23 | 141 | 27 | SANNA | ALDO | SM45 | BS278 | ATL CARPENEDOLO | 1h 55' 53" |
| 24 | 143 | 171 | MADDALUNO | FERDINANDO | SM45 | | RUNCARD | 1h 56' 23" |
| 25 | 163 | 71 | POMPIANU | MICHELE | SM45 | OR162 | ATL MONTE ARCI MARRUBIU | 1h 59' 36" |
| 26 | 165 | 177 | PASINI | LUCIO CLAUDIO | SM45 | | RUNCARD | 2h 00' 34" |
| 27 | 180 | 25 | TRINCHILLO | GIUSEPPE | SM45 | SS257 | SOS IDDANOESOS | 2h 06' 27" |
| 28 | 183 | 168 | FENU | GIUSEPPE | SM45 | | RUNCARD | 2h 07' 37" |
| 29 | 204 | 167 | DESSI' | RICCARDO | SM45 | | RUNCARD | 2h 16' 18" |
| 30 | 205 | 172 | MANCA | PATRIZIO | SM45 | | RUNCARD | 2h 16' 19" |
| 31 | 213 | 17 | PIRAS | GIOVANNI | SM45 | SS257 | SOS IDDANOESOS | 2h 23' 04" |
| | | 120 | CORDA | GIUSEPPE | SM45 | SS208 | ALGHERO MARATHON | |

SENIOR UOMINI SM50 Mt 18000

| | | | | | | | | |
|----|-----|-----|-----------|--------------|------|-------|-------------------------------|------------|
| 1 | 9 | 69 | CHESSA | SEBASTIANO | SM50 | OR156 | AMATORI TERRALBA | 1h 23' 36" |
| 2 | 12 | 14 | MORITTU | ALESSANDRO | SM50 | SS257 | SOS IDDANOESOS | 1h 24' 22" |
| 3 | 29 | 70 | DEIDDA | ANDREA | SM50 | OR162 | ATL MONTE ARCI MARRUBIU | 1h 31' 25" |
| 4 | 42 | 103 | CARENTE | ALDO | SM50 | SS112 | ATLETICA BUDDUSO' | 1h 35' 44" |
| 5 | 43 | 91 | ZIDDA | BERNARDO | SM50 | SS026 | STUDIUM ET STADIUM | 1h 36' 30" |
| 6 | 44 | 106 | SATTA | SANTINO | SM50 | SS112 | ATLETICA BUDDUSO' | 1h 36' 44" |
| 7 | 49 | 144 | BALLONE | SALVATORE | SM50 | SS247 | ALGUERRUNNERS | 1h 37' 49" |
| 8 | 52 | 118 | CARIA | LORENZO | SM50 | SS208 | ALGHERO MARATHON | 1h 38' 36" |
| 9 | 54 | 42 | MURA | TEODORO | SM50 | CA231 | ATLETICA MONTEPONI IGLESIA | 1h 39' 08" |
| 10 | 55 | 134 | SECHI | DANIELE | SM50 | SS217 | PODISTICA SASSARI | 1h 39' 17" |
| 11 | 56 | 148 | CALVI | FABIO | SM50 | SS283 | RUNFAST SASSARI | 1h 39' 48" |
| 12 | 66 | 29 | SOLINAS | SALVATORE | SM50 | CA025 | G.S. ATLETICA DOLIANOVA | 1h 40' 55" |
| 13 | 67 | 75 | CARIA | MASSIMILIANO | SM50 | OR209 | POLISPORTIVA RUNNERS ORISTANO | 1h 41' 11" |
| 14 | 68 | 33 | SIDDU | STEFANO | SM50 | CA145 | ATLETICA VILLAMARESE | 1h 41' 15" |
| 15 | 72 | 63 | CAVALLARO | GIUSEPPE | SM50 | NU147 | CIRC SPORT DIL ATL AMATORI | 1h 42' 21" |
| 16 | 73 | 189 | PINNA | GIOVANNINO | SM50 | SS191 | TRIATHLON TEAM SASSARI | 1h 42' 48" |
| 17 | 85 | 160 | MENUSAN | LORIS | SM50 | TO019 | GS POMARETTO 80 | 1h 45' 14" |
| 18 | 91 | 83 | INZAINA | DOMENICO | SM50 | PR206 | ATLETICA MANARIA | 1h 46' 43" |
| 19 | 92 | 109 | SINI | PAOLINO | SM50 | SS122 | ATL LEGG LURAS | 1h 46' 43" |
| 20 | 108 | 3 | BURRUNI | RICCARDO | SM50 | SS257 | SOS IDDANOESOS | 1h 50' 09" |
| 21 | 120 | 77 | DEMURU | MARIO | SM50 | OR209 | POLISPORTIVA RUNNERS ORISTANO | 1h 52' 37" |
| 22 | 129 | 184 | CHESSA | ANTONANGELO | SM50 | | UISP | 1h 53' 32" |
| 23 | 133 | 173 | MARAZZI | ALBERTO | SM50 | | RUNCARD | 1h 54' 05" |
| 24 | 145 | 107 | CABRAS | SEBASTIANO | SM50 | SS122 | ATL LEGG LURAS | 1h 56' 42" |
| 25 | 149 | 165 | COSSU | ALESSANDRO | SM50 | | RUNCARD | 1h 57' 55" |
| 26 | 150 | 95 | SANNA | LORENZO | SM50 | SS059 | ATL LEGG PORTO TORRES | 1h 58' 07" |
| 27 | 152 | 176 | MURGIA | ANGELO | SM50 | | RUNCARD | 1h 58' 40" |
| 28 | 153 | 179 | PORQUEDDU | ANTONELLO | SM50 | | RUNCARD | 1h 58' 49" |
| 29 | 171 | 181 | SECHI | FILIPPO | SM50 | | RUNCARD | 2h 02' 02" |
| 30 | 175 | 123 | PIRAS | RAFFAELE | SM50 | SS208 | ALGHERO MARATHON | 2h 05' 47" |
| 31 | 178 | 21 | SANNA | ANGELO | SM50 | SS257 | SOS IDDANOESOS | 2h 06' 14" |
| 32 | 179 | 162 | DIOZZI | GIANMARCO | SM50 | SS257 | SOS IDDANOESOS | 2h 06' 22" |
| 33 | 192 | 159 | MARTINAT | FABRIZIO | SM50 | TO019 | GS POMARETTO 80 | 2h 10' 09" |
| 34 | 202 | 122 | PICCHEDDA | GIUSEPPE | SM50 | SS208 | ALGHERO MARATHON | 2h 15' 10" |
| 35 | 207 | 5 | CADONI | LUCA | SM50 | SS257 | SOS IDDANOESOS | 2h 17' 42" |
| 36 | 208 | 169 | FIORI | DANIELE | SM50 | | RUNCARD | 2h 18' 24" |
| | | 49 | MASCIA | GABRIELE | SM50 | CA243 | SARRABUS RUNNERS | |
| | | 61 | FILIPPONE | MASSIMO | SM50 | FI450 | UNIONE SPORTIVA NAVE | |

SENIOR UOMINI SM55 Mt 18000

| | | | | | | | | |
|---|----|-----|----------|------------------|------|-------|------------------------|------------|
| 1 | 20 | 190 | MARTINO | LEONE | SM55 | RM115 | ATLETICA LA SBARRA | 1h 28' 52" |
| 2 | 26 | 192 | MURA | GIOVANNI ANTONIO | SM55 | SS247 | ALGUERRUNNERS | 1h 30' 41" |
| 3 | 39 | 72 | FIORI | STEFANO | SM55 | OR172 | MARATHON CLUB ORISTANO | 1h 35' 24" |
| 4 | 41 | 112 | SOTGIU | ALBERTO | SM55 | SS125 | ATLETICA PLOAGHE | 1h 35' 44" |
| 5 | 47 | 98 | CARBONI | GIUSEPPE | SM55 | SS064 | CCRS SORSO | 1h 37' 41" |
| 6 | 69 | 66 | COSTELLA | ROBERTO | SM55 | OR027 | ATL LEGG ARBOREA | 1h 41' 31" |

| | | | | | | | | |
|----|-----|-----|----------|------------------|------|-------|---------------------------|------------|
| 7 | 95 | 147 | MORITTU | SALVATORE | SM55 | SS247 | ALGUERRUNNERS | 1h 47' 36" |
| 8 | 101 | 39 | SARDARA | ROBERTO | SM55 | CA227 | ATLETICA 4 MORI | 1h 48' 45" |
| 9 | 112 | 153 | PISANU | ALESSANDRO | SM55 | SS283 | RUNFAST SASSARI | 1h 50' 47" |
| 10 | 126 | 108 | MARIOTTI | GIOVANNI | SM55 | SS122 | ATL LEGG LURAS | 1h 53' 17" |
| 11 | 130 | 67 | MILAN | MATTEO | SM55 | OR027 | ATL LEGG ARBOREA | 1h 53' 48" |
| 12 | 131 | 54 | SENES | GIANFRANCO | SM55 | CA263 | POLISPORTIVA PHOENIX | 1h 53' 51" |
| 13 | 135 | 13 | MELONI | GIOVANNI | SM55 | SS257 | SOS IDDANOESOS | 1h 54' 59" |
| 14 | 137 | 125 | RUIU | LUIGI | SM55 | SS208 | ALGHERO MARATHON | 1h 55' 28" |
| 15 | 142 | 86 | AZZU | MARIO | SM55 | SS026 | STUDIUM ET STADIUM | 1h 56' 13" |
| 16 | 147 | 64 | FADDA | ALBERTO | SM55 | NU147 | CIRC SPORT DIL ATL AMATOR | 1h 57' 33" |
| 17 | 162 | 47 | PIRAS | MARCO | SM55 | CA239 | CAGLIARI ATLETICA | 1h 59' 34" |
| 18 | 164 | 193 | PAUL | FABIO OTTO PAOLO | SM55 | MI022 | CANOTTIERI MILANO | 2h 00' 10" |
| 19 | 168 | 161 | NEGRI | CLAUDIO | SM55 | VE551 | MARATONELLA | 2h 01' 10" |
| 20 | 169 | 87 | CROBU | ALBERTO | SM55 | SS026 | STUDIUM ET STADIUM | 2h 01' 19" |
| 21 | 181 | 110 | MEDDE | GRAZIANO | SM55 | SS125 | ATLETICA PLOAGHE | 2h 06' 33" |
| 22 | 185 | 140 | CADONI | ANGELO | SM55 | SS245 | ATLETICA ITTIRI CANNEDU | 2h 07' 47" |
| 23 | 187 | 163 | CABRAS | NICOLO' | SM55 | | RUNCARD | 2h 08' 35" |
| 24 | 189 | 7 | CASULA | PIETRO | SM55 | SS257 | SOS IDDANOESOS | 2h 08' 37" |
| 25 | 201 | 37 | CABITZA | SIMONE PIETRO | SM55 | CA227 | ATLETICA 4 MORI | 2h 15' 08" |
| | | 82 | PORTA | GIANLUIGI | SM55 | OR225 | DINAMICA SARDEGNA | |

SENIOR UOMINI SM60 Mt 18000

| | | | | | | | | |
|----|-----|-----|----------|-----------|------|-------|--------------------------|------------|
| 1 | 16 | 62 | CARTA | GIUSEPPE | SM60 | NU074 | GS ATLETICA OGLIASTRA | 1h 26' 04" |
| 2 | 27 | 96 | SPINA | MARCO | SM60 | SS059 | ATL LEGG PORTO TORRES | 1h 31' 20" |
| 3 | 34 | 56 | MUSCAS | MAURO | SM60 | CA267 | ATLETICA SINNAI | 1h 33' 28" |
| 4 | 48 | 99 | FARRU | GIOVANNI | SM60 | SS064 | CCRS SORSO | 1h 37' 48" |
| 5 | 61 | 97 | BUA | MARIO | SM60 | SS064 | CCRS SORSO | 1h 40' 36" |
| 6 | 80 | 111 | OLMETTO | VITTORIO | SM60 | SS125 | ATLETICA PLOAGHE | 1h 44' 21" |
| 7 | 96 | 81 | NONNIS | STEFANO | SM60 | OR209 | POLISPORTIVA RUNNERS ORI | 1h 48' 00" |
| 8 | 109 | 175 | MULAS | GIUSEPPE | SM60 | | RUNCARD | 1h 50' 17" |
| 9 | 110 | 117 | TEDDE | GIOVANNI | SM60 | SS191 | TRIATHLON TEAM SASSARI | 1h 50' 37" |
| 10 | 117 | 24 | TIDORE | VITTORIO | SM60 | SS257 | SOS IDDANOESOS | 1h 51' 57" |
| 11 | 121 | 15 | PIGA | SERGIO | SM60 | SS257 | SOS IDDANOESOS | 1h 52' 43" |
| 12 | 122 | 139 | ROMOR | MARIO | SM60 | SS229 | ATLETICA SAN TEODORO | 1h 52' 43" |
| 13 | 125 | 51 | CARBONE | LUIGI | SM60 | CA253 | ISOLARUN | 1h 53' 07" |
| 14 | 144 | 136 | FALCHI | GIOMMARIA | SM60 | SS228 | ASSOCIAZIONE SPORTIVA SH | 1h 56' 31" |
| 15 | 151 | 46 | PINNA | MARIO | SM60 | CA239 | CAGLIARI ATLETICA | 1h 58' 33" |
| 16 | 155 | 183 | CAMPUS | SALVATORE | SM60 | | UISP | 1h 58' 55" |
| 17 | 191 | 16 | PIGO' | ROBERTO | SM60 | SS257 | SOS IDDANOESOS | 2h 09' 56" |
| 18 | 193 | 88 | D'ELIA | LORENZO | SM60 | SS026 | STUDIUM ET STADIUM | 2h 10' 35" |
| 19 | 194 | 89 | DETTORI | MASSIMO | SM60 | SS026 | STUDIUM ET STADIUM | 2h 10' 36" |
| 20 | 211 | 187 | PITTALIS | SANDRO | SM60 | | UISP | 2h 19' 02" |

SENIOR UOMINI SM65 Mt 18000

| | | | | | | | | |
|----|-----|-----|------------|-------------|------|-------|----------------------------|------------|
| 1 | 81 | 40 | URAS | PIETRO | SM65 | CA227 | ATLETICA 4 MORI | 1h 44' 24" |
| 2 | 82 | 114 | BUTTAU | WALTER | SM65 | SS173 | SOC ATL TEMPIO PAUSANIA | 1h 45' 10" |
| 3 | 93 | 141 | FADDA | SALVATORE | SM65 | SS245 | ATLETICA ITTIRI CANNEDU | 1h 47' 07" |
| 4 | 115 | 155 | SPANO | NICOLO | SM65 | SS283 | RUNFAST SASSARI | 1h 51' 31" |
| 5 | 139 | 41 | AUTELITANO | DOMENICO | SM65 | CA231 | ATLETICA MONTEPONI IGLESIA | 1h 55' 32" |
| 6 | 154 | 182 | SPANU | ALBERTO | SM65 | | RUNCARD | 1h 58' 53" |
| 7 | 159 | 93 | satta | ANTONIO | SM65 | SS059 | ATL LEGG PORTO TORRES | 1h 59' 23" |
| 8 | 186 | 94 | PECORARI | CLAUDIO | SM65 | SS059 | ATL LEGG PORTO TORRES | 2h 08' 22" |
| 9 | 199 | 44 | CAMBULI | LUIGI | SM65 | CA239 | CAGLIARI ATLETICA | 2h 13' 40" |
| 10 | 216 | 137 | VARGIU | MARIO LUIGI | SM65 | SS228 | ASSOCIAZIONE SPORTIVA SH | 2h 28' 03" |
| 11 | 217 | 60 | BOLOGNI | SILVANO | SM65 | FI239 | PODISTICA EMPOLESE | 2h 30' 37" |
| | | 68 | CORONA | MARCO | SM65 | OR030 | SS ATL ORISTANO | |

SENIOR UOMINI SM70 Mt 18000

1 219 79 MULARGIA SANDRO SM70 OR209 *POLISPORTIVA RUNNERS ORI*: 2h 47' 04"

SENIOR UOMINI SM75 Mt 18000

1 220 119 CONCAS PALMIRO SM75 SS208 *ALGHERO MARATHON* 2h 48' 06"